



LISTEN UP!

Psalm 146 – Praise the God of the Gospel



STEP 1 – Find the book of **Psalms** in your Bibles...

STEP 2 – Follow in the Bible and **listen up!**

Getting started...

What sort of sandwich is Psalm 146?

- **A Cheese Sandwich**

Why is the filling so important?

- **A Praise Sandwich**

Chat about you answer over lunch

- **A Pulled Pork Sandwich**

• Praise is **P** _____

→ We do it **T** _____



• Praise is **P** _____

→ It begins in the **H** _____



• Praise **P** _____

→ All of **L** _____



1) THE WARNING: DON'T TRUST IN _____ (v3-4)

When times are tricky who do you turn to?

Write their name here _____

Why shouldn't we trust ultimately in people? Circle as appropriate...

In the end they'll let us down

They can't always help

They don't always know what's best

One day they'll die

They always lie

They're fallen beings

Who then should you turn to for **help** and **hope**?



2) THE BLESSING: DO TRUST IN _____ (V5-10)

What 2 reasons do we find in v6 for trusting God?

God is **C** _____

God is **F** _____

Chat over lunch about why knowing these 2 things about God is important...

Who is God **FOR** in v7-9? Circle as appropriate...

Oppressed

Hungry

Prisoner

Blind

Bowed down

Righteous

Foreigner

Fatherless

Widow

Wicked

In summary... God is for the N _____ → Those who know they need help!

How do we know that God is really like that?

We see the **H** _____ of **G** _____ in the **L** _____ of **C** _____

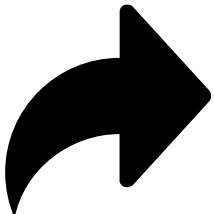
who **D** _____ for **S** _____ and rose again!



STEP 3 – During / After the preach...



Have you got any questions about what you've heard? If so write them down...



What is God calling you to do? Write it down...



What do you need God's help with? Write it down...