



DIGGING DEEPER

Mark 15v34 – My God My God...

PLEASE READ – Psalm 22 / Mark 15v33-34

GETTING STARTED

Recap the 3 sayings we've looked at so far and chat about how the 4th saying of our saviour from the cross is different...

1) AT THE CROSS GOD WAS ANGRY

Chat through the time markers we're given in Marks gospel (v25 / v33 / v34)

What's significant about what happens at midday? What's the spiritual significance?

See also Amos 5v20, Zephaniah 1v15, Matthew 22v13

Why is God's anger 'a good and right thing'? What does it teach us about God?

Where is Gods anger being directed here?

2) AT THE CROSS JESUS WAS ABANDONED

Read through Psalm 22 and identify in David's words those things that point us forward to Jesus and his sufferings on the cross...

Focus in on the first 2 verses of the song as you consider how Jesus felt...

What then is the answer to the question that Jesus asks?

See also Isaiah 53v6 and 1 Peter 2v24

What does the cross teach us about our sin and our saviour?

Speak to God about what you've learned...

Meditate on the words of Peter...

1 Peter 2v24: *"He himself bore our sins" in his body on the cross, so that we might die to sins and live for righteousness; "by his wounds you have been healed."*